



Northern Ontario

Pollinator-Friendly Gardening Guide



Plants & Flowers

Native (✓)	Perennial (✓)	Common Name	Latin Name	Colour(s)	Height	Bloom				
						JUN	JUL	AUG	SEP	Oct
✓	✓	Blue-stem goldenrod	<i>Solidago caesia</i>	yellow	2-3 ft			✓	✓	
✓	✓	Heath aster	<i>Symphotrichum ericoides</i>	White	1-2 ft			✓	✓	
✓	✓	New England aster	<i>Symphotrichum novae-angliae</i>	Purple	3-6 ft			✓	✓	✓
✓	✓	Golden Alexanders	<i>Zizia aurea</i>	Yellow	11-20"	✓	✓	✓		
✓	✓	Stiff goldenrod	<i>Solidago rigida</i>	Yellow	3-5 ft			✓	✓	
✓	✓	Liatris/Blazing star	<i>Liatris spicata</i>	Purple	2-4 ft			✓		
✓	✓	Liatris/Floristan White blazing star	<i>Liatris spicata</i>	White	3 ft		✓			
✓	✓	Willowleaf aster	<i>Symphotrichum praealtum</i>	White	2-5 ft					✓
✓	✓	Cup plant	<i>Silphium perfoliatum</i>	Yellow	3-7 ft			✓	✓	✓
✓	✓	Blue-eyed grass	<i>Sisyrinchium angustifolium</i>	Blue	7-11"	✓	✓	✓		
✓	✓	Pearly everlasting	<i>Sisyrinchium angustifolium</i>	Blue	7-11"		✓	✓	✓	
✓	✓	Common Yarrow	<i>Achillea millefolium</i>	White, red, terra cotta or yellow blooms	16-20"		✓	✓	✓	
✓	✓	Brown-eyed susan	<i>Gaillardia aristata</i>	Yellow with brown centres	18"		✓	✓	✓	



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✓	✓	Common Milkweed	<i>Asclepias Syriaca</i>	White, purple	3-5 ft		✓	✓		
✓	✓	Swamp Milkweed	<i>Asclepias Incarnata</i>	Deep pink, rose-purple	2-4 ft		✓	✓		
✓	✓	Butterfly Milkweed	<i>Asclepias tuberosa</i>	Bright orange	2-3 ft		✓			
✓	✓	Bee Balm/Wild Bergamot	<i>Monardo</i>	Pink, purple, red	2-4"		✓	✓		
✓	✓	Purple prairie clover	<i>Dalea purpurea</i>	Purple	18-20"		✓	✓	✓	✓
✓	✓	White prairie clover	<i>Dalea candida</i>	White	12-20"		✓	✓	✓	✓
	✓	Chives	<i>Allium schoenoprasum</i>	Purple, pink blossoms	12"		✓	✓		
	✓	Clover	<i>Trifolium repens</i>	White	12"	✓	✓	✓	✓	
	✓	Clover	<i>Trifolium pratense</i>	Pink	6-20"	✓	✓	✓	✓	
	✓	Thyme	<i>Thymus vulgaris</i>	Pink, purple	6-20"	✓	✓			
	✓	Black-eyed susan	<i>Rudbeckia hirta</i>	Yellow	1-3 ft		✓	✓	✓	
	✓	Coneflower	<i>Echinecea angustifolia</i>	Purple, pink	2-4 ft		✓	✓	✓	
	✓	Fireweed, willow herb	<i>Epilobium angustifolium</i>	Pink	2-5 ft		✓	✓	✓	



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		Cosmos	Cosmos bipinnatus	Pink, red, white	2-3 ft			✓	✓	✓
		Sweet Alyssum	Alyssum maritimum	Blue, pink, white	2-7"		✓	✓		
		Borage	Borago officinalis	Blue, purple	18-36"		✓	✓	✓	✓